



## BREAKFAST BROCHURE

page 34-36 Food for Life text

Purpose: To advertising the importance of eating breakfast

Include

1. Reasons why breakfast is important
2. The consequences of skipping breakfast
3. The consequences of choosing a sugary breakfast
4. Include a variety of breakfast ideas from the four food groups – remember “on the run” options

You may enhance with additional information

You will be marked on the following criteria”

- A) Eye catching Title page
- B) Key information included and easily identified
- C) Layout is attractive and reader friendly – not too dense
- D) Use of color, graphics and illustrations
- E) Your logo on the bottom back cover including your name, block and the date
- F) Unique and creative

